

QUEER & TRANS

Cannabis use and mental health

What can better support look like?

"my counselor just had no experience at all with cannabis."

"If anything, being queer has improved my mental health."

"Since weed helped me relax in general, it allowed me to express myself fully, gender-wise."



Check out the research, and a resource for youth and clinicians **here:**



cutt.ly/researchzine



CHU
Sainte-Justine
Le centre hospitalier
universitaire mère-enfant

Université
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CIHR IRSC
Canadian Institutes of
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Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada